




Senior Institute Registration Form


PLEASE PRINT

Last Name _____ First Name _____ Middle Initial _____

Address _____ City, State, Zip _____

Email _____ Phone _____

Social Security # (optional) _____ Birthdate _____

	Course No.	Course Title	Total Fee
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1st Choice _____

2nd Choice (if first choice class is filled) _____

How many years have you attended Senior Institute? _____ List any special dietary needs _____

Check Enclosed _____ Credit Card: Visa Mastercard American Express

Auth. Signature _____ Card # _____ Exp. Date _____

Mail to: Registration at FVCC, 777 Grandview Drive, Kalispell, MT 59901
 Email to: registrationinfo@fvcc.edu

Credit classes offered to senior citizens, age 65 and up

Fridays, February 16 - March 22

Classes 1-3:05pm

Lunch program 12-12:50pm

Enrollment is limited – Registration begins
February 1 by email, mail or in-person on campus.

If you are new to FVCC or have not enrolled in a credit course in the past two years, a non-degree application for admission is required in addition to the Registration Form. Both are available to download at fvcc.edu/senior-institute.

*Prices listed are for in-district senior residents of Flathead and Lincoln counties. See page 3 for information on tuition costs for out-of-district or out-of-state seniors.

NEW **Beginning Ukulele** **SR_81.2_01** **Dee Fleming** **\$99**
 Learn to play chords and various strums using fun songs and music theory as applied to ukulele. Bring your Soprano, Concert or Tenor ukulele to class—ukulele’s can be purchased at or rented online or from local music stores (please no plastic ukes). All other learning materials provided.

Birds of Northwest Montana **SR_82.1_01** **Denny Olson** **\$114**
 Learn about Northwest Montana’s beautiful birds. Gain insight into bird biology, behavior, song and identification. We’ll take an in-depth look at several native species as well as a wealth of other birds found in our area.

NEW **The Complexity of Human-Animal Relationships** **SR_88.6_01** **Ranell Mueller** **\$99**
 This short survey of the field of human-animal relationships focuses on animals’ lives and histories as they relate to numerous aspects of the human experience.

NEW **Conflict Resolution in Global Hotspots, Then and Now** **SR_80.9_01** **Jon Hatch** **\$99**
 This course explores conflicts in places around the globe like Northern Ireland, the Balkans, Africa, and Israel/Palestine by examining how the conflicts started, the damage they’ve caused and how these regions might be able to move towards peace.

NEW **Glacier Park: Transcending Time** **SR_88.4_01** **Sharon Randolph** **\$99**
 This course is a historical exploration of connections between geographic landscapes, emerging states and early communities (including Fort Benton, Bannack and Virginia City) and the creation of Glacier National Park.

NEW **Reconstruction and the Rise of the Jim Crow South** **SR_80.8_01** **Bruce Guthrie** **\$99**
 The aftermath of the Civil War left the United States in political, social and economic devastation. An unprecedented dilemma faced the nation as it coped with the consequences of having 4 million enslaved people immediately freed. Federal activism clashed with vehement opposition from the recently defeated southern states in the era known as Reconstruction. This class will explore this episode in our history through original documents as we learn about how this vital time left a legacy that is still alive today.

NEW! **Staying Sharp, Resilient and Happy while Aging** **SR_82.6_01** **Carla Hannaford** **\$99**
 Through current scientific research and experiential learning, gain a deeper understanding of yourself and others through Brain Dominance Patterning. Learn simple, profound tools to stop stress, maintain physical and mental agility, stay healthy and remain curious and joyful as you age and share your wisdom.

Tech Savvy Seniors **SR_86.5_01** **Amelia Ward** **\$99**
 As more and more everyday processes are moved to online, this course will help seniors improve their ability to navigate and efficiently use technology. Students will learn how to effectively use smart phones, tablets, and/or personal computers for a variety of daily activities such as scheduling appointments, participating in virtual medical visits, engaging in online classes, shopping, and connecting with family and friends, all while keeping safe online. Technology is a useful tool for seniors in their daily lives and in achieving a vibrant and healthy lifestyle. Students may bring their own phones, tablets, or computers, or they may use the FVCC computers.

Watercolors for Seniors **SR_83.1_01** **Karen Leigh** **\$114**
 A study of the materials and techniques of transparent watercolor with a variety of subject matter considered. No previous experience needed.



** Prices shown are for in-district residents of Flathead and Lincoln counties. For out-of-district senior Montana residents, tuition and fees are either \$297.66 or \$312.66 depending on course chosen. For those who have not lived in Montana for at least 12 months, tuition and fees are either \$499.70 or \$514.70. Scholarships are available. Contact seniorinstitute@fvcc.edu for more information.*



SENIOR INSTITUTE
 Celebrating 30 Years

How to register for Senior Institute classes:

1. Mail your completed registration form with check or credit card information to Registration at FVCC, 777 Grandview Drive, Kalispell, MT 59901.
2. Email your completed form to registrationinfo@fvcc.edu.
3. In-person on campus beginning February 1 at FVCC, Learning Resource Center

Registration forms will be processed beginning February 1, 2024.
Classes are filled on a first-come, first-served basis. Be sure to denote a second choice in case your first choice is not available.